



Your friend may be overdosing if they:

- Can't wake up.
- Aren't breathing every 3 – 5 seconds.
- Are turning blue, gray, or purple, or their skin feels cold.

If you think your friend is overdosing, call 911 and give them naloxone (Narcan).

Washington state has Good Samaritan laws to protect you and your friend from prosecution for drug possession.

How to use injectable naloxone:

Start by laying your friend down.

1. Open the packaging

Remove caps from vial and syringe.

2. Insert needle into vial

Go through the rubber seal.

Turn vial upside down and fill syringe.



3. Insert needle into a large muscle

Go through clothing if necessary.



4. Inject the full dose of naloxone

Next, give your friend rescue breaths.

If they don't wake up within

2-3 minutes, give them naloxone again.



Keep giving rescue breaths and naloxone until they wake up or help arrives.



Learn more at
WAFriendsForLife.com

Washington State
Health Care Authority